

Sanctuary Stripes crochet pattern:



The Sanctuary Stripes is a wonderful pattern built around one contrast color, with all kinds of different colors alongside it. For this reason, this pattern is perfect for an advent yarn box full of mini skeins or perhaps a load of scraps and leftovers in your yarn collection.

The name of the pattern is chosen specifically because this pattern takes you out of your head due to the easy stitch work and repetitive way of making it. You only need to know the technique used and know how to make a granny stripe to complete this. It helped me a lot during times when I had a lot on my mind and needed a distraction that required a high level of attention. It was my sanctuary place for a long time, actually.

Mark a.k.a. the Guy with the Hook

Yarn requirements: You can use different brands of yarn for this blanket. I will also not give a total of yarn as you can let this blanket grow to any size possible. It is just a start-up for whatever you like to make. I have used two Colors. Color B will be a fingering weight (sock) yarn in a range of 360-420 meters of yarn per 100 grams. This will be, for example, all the mini skeins out of your advent calendar. As a divider, I used Color A, a dark blue yarn with the same conditions; this can also be any brand you like as long as both colors are in the same condition level. For example, my fingering weight yarn were mini skeins of Veluwsch Verfgoed sock hand-dyed yarn combined with Veluwsch Verfgoed sock in colorway Nightwood as a dividing color. You can take anything you like as long as the weight of both color yarns is the same.

Needed for one stripe:

Color A: any fingering (sock) yarn (10 grams of yarn / approx. 29 – 39 meters of yarn) (I used Veluwsch Verfgoed Nightwood)

Color B: a yarn matching the same conditions as Color A (10 grams of yarn / approx. 29 - 39meters of yarn) (I used Veluwsch Verfgoed mini sock skeins in different colors)

Hook size needed: To achieve a nice drape, I recommend a full-size hook that is more appropriate for the chosen yarn. I used a 4.0mm crochet hook for the fingering-weight sock yarn.

Size: There is no final size for the entire blanket; you can start and choose your own size by adding as many stripes as you wish to increase the height. Width can be obtained by adding or removing 9 sts. The multiple of stitches in this blanket is 9 + 2 side stitches.

For the stitch count I used in the pattern, your blanket will be 120cm/48 inches wide. Adding each stripe delivers you 5 cm/2 inches of height.

Special notes:

- This pattern is built up out of making granny stripes – only with two colors. You will work a 3dc group between each of the next two 3dc groups, just as in a regular granny stripe.
- When changing from Color A to B or reverse, always pull up the thread of the new color through the last 2 loops of the last st before the next stitch with a new color to make an invisible color change.
- As said in the size section, every nine stitches form a repeat in the pattern. You can add or remove any 9 sts to obtain the desired width.
- Please read the next section of techniques carefully before you start the pattern. It will explain the color changes, carrying along the other color while crocheting dc-groups, and how to work away the carried-along loops that will be visible after completing a Row.
- If you find this hard to understand by reading and seeing, I also made a simple video on how the technique is used. You will find it here: <https://youtu.be/6ZBEbMUWTNs>

Stitch abbreviations (US terms):

CH – chain(s)

SS -slip stitch

SC - single crochet

DC – double crochet

ST(S): stitch(es)

SK - skip

SP- space

GR - group

REP - repeat

RS – Right Side of the work

WS - Wrong Side of the work

() – holds a small repeat within a Row or a little note

[] – holds the total amount of stitches after a Row

***-** marks the beginning of a long repeat withing a Row

Changing between colors:

In the pattern, you will alternate between the two colors to work groups of 3dc. When you make the last stitch before the other color will be used again, pull up the new color through the last two loops on the end of the last stitch to make an invisible switch between the colors.





Carrying along the other color while making 3dc-gr:



While making 3dc-gr between the next two 3dc-gr, you will make groups of the two chosen colors after each other in a certain order. While working with one color, you carry the other color along the back of your work and crochet the 3dc over it, so the thread is actually captured within the stitches. When a new group of 3dc with the carried color is approaching, make a color change in the last stitch and alternate the color. Carrying the thread of the other color along leaves a little loop at the back of your work between groups – this is okay and will be worked away in the next Row. In the photo below, I have tried to draw how things will look and progress.



Above you see a photo of how a Row with two colors is worked. In this example, the red marks represent Color A and the green marks represent Color B. As you can see, when making one of the groups, you can see how the thread is carried along. I drew that out in the same-colored stripes. In the above part of the example, you can see the little loops left after working one Row. These loops are carried along the thread between groups.

If you all find this way too difficult, I advise to watching the video to understand this whole thing even better.

Working away the carried loops of a previous Row:

When completing a Row with two colors, you will have a few loops carried over at the back of your work. These loops need to be crocheted together with the group of dc that will be crocheted above in the next Row.





As you can see in the above photo, you need to work your new group of 3dc between the next two 3dc-gr and at the same time you work the loop away in this same new 3dc-gr by pulling it up and capturing it between the stitches – while also carrying along the other color at the backside of the work. This all isn't really hard, but sometimes a visual approach is even easier to understand.

If my video wasn't clear enough, you can also check Naztazia's video. It is definitely not the same pattern, but she uses the same techniques used in this pattern to carry along colors and work away loops. She explains these things, maybe even better than I do. Here is the video:

<https://www.youtube.com/watch?v=J60Lii3cbtI>

The Pattern:

Take the 4.0mm and Color A, ch184.

Stripe 1:

R1 (RS): (the first 3 ch forms the first dc), sk the fourth ch, 3dc in the next ch – change color in the last st, * sk next 2ch, 3dc in next ch with Color B – changing color in last st, (sk next 2ch, 3dc in next ch with Color A) twice – changing color in last st. Rep from * 18 more times. Sk next 2ch, 3dc in next ch with Color B – changing color in last st, keep Color B where it is from this point, sk next 2ch, 3dc in next ch with Color A, sk next ch, 1dc in last ch. Turn. [2dc with Color A/ 40gr of 3dc with Color A/ 20 gr of 3dc with Color B]

From this point on, you will work the 3dc-gr between the next two 3dc-gr you encounter – despite the beginning and end – where you work in the first and last st of the side.

R2 (WS): Still with Color A, ch3 (first dc), 2dc in same first st – changing color in last st, * (3dc with Color B) twice – changing color in last st, 3dc with Color A – changing color in last st. Rep from * 18 more times. (3dc with Color B) twice – changing color in last st, let Color B rest here, 3dc with Color A in last st of side. Turn. [21 gr of 3dc with Color A/ 40 gr of 3dc with Color B]

R3 (RS): Still with Color A, ch3 (first dc), * 3dc with Color A – changing color in last st, 3dc with Color B – changing color in last st, 3dc with Color A. Rep from * 19 more times. Fasten off Color B and change to Color A, 1dc in last st of side. Turn. [2dc with Color A/ 40gr of 3dc with Color A/ 20gr of 3dc with Color B]

End of Stripe 1. Now, change your yarn B to a new color.

Stripe 2:

R4 (WS): Attach the new color B at the first st of the side on the WS of the work. With Color B, ch3 (first dc), 2dc in the same first st – changing color in last st, * (3dc with Color A) twice – changing color in last st, 3dc with Color B – changing color in last st. Rep from * 18 more times. (3dc with Color A) twice – changing color in last st, let Color A rest, 3dc with Color B in last st. Turn. [40gr of 3dc with Color A/ 21 gr of 3dc with Color B]

R5 (RS): Still with B, ch3 (first dc), *3dc with Color B – changing color in last st, 3dc with Color A – changing color in last st, 3dc with Color B. Rep from * 18 more times. Let Color A rest, 1dc with Color B in last st of side. Turn. [20 gr of 3dc with Color A/ 2dc with Color B/ 40gr of 3dc with Color B]

R6 (WS): Still with Color B, ch3 (first dc), 2dc in the same first st – changing color in last st, * (3dc with Color A) twice – changing color in last st, 3dc with Color B – changing color in last st. Rep from * 18 more times. (3dc with Color A) twice – changing color in last st, 3dc with Color B in last st – changing color in last st. Turn. Fasten off Color B. [40gr of 3dc with Color A/ 21 gr of 3dc with Color B]

End of Stripe 2. Now, change your yarn B to a new color.

Stripe 3:

R7 (RS): With Color A, ch3 (first dc), 3dc with Color A – changing color in last st, * 3dc with Color B – changing color in last st, (3dc with Color A) twice – changing color in last st. Rep from * 18 more times. 3dc with Color B – changing color in last st, let Color B rest, 3dc with Color A, 1dc in last st of side. Turn. [2dc with Color A/ 40gr of 3dc with Color A/ 20 gr of 3dc with Color B]

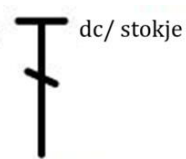
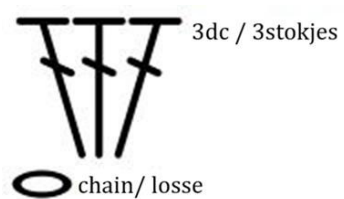
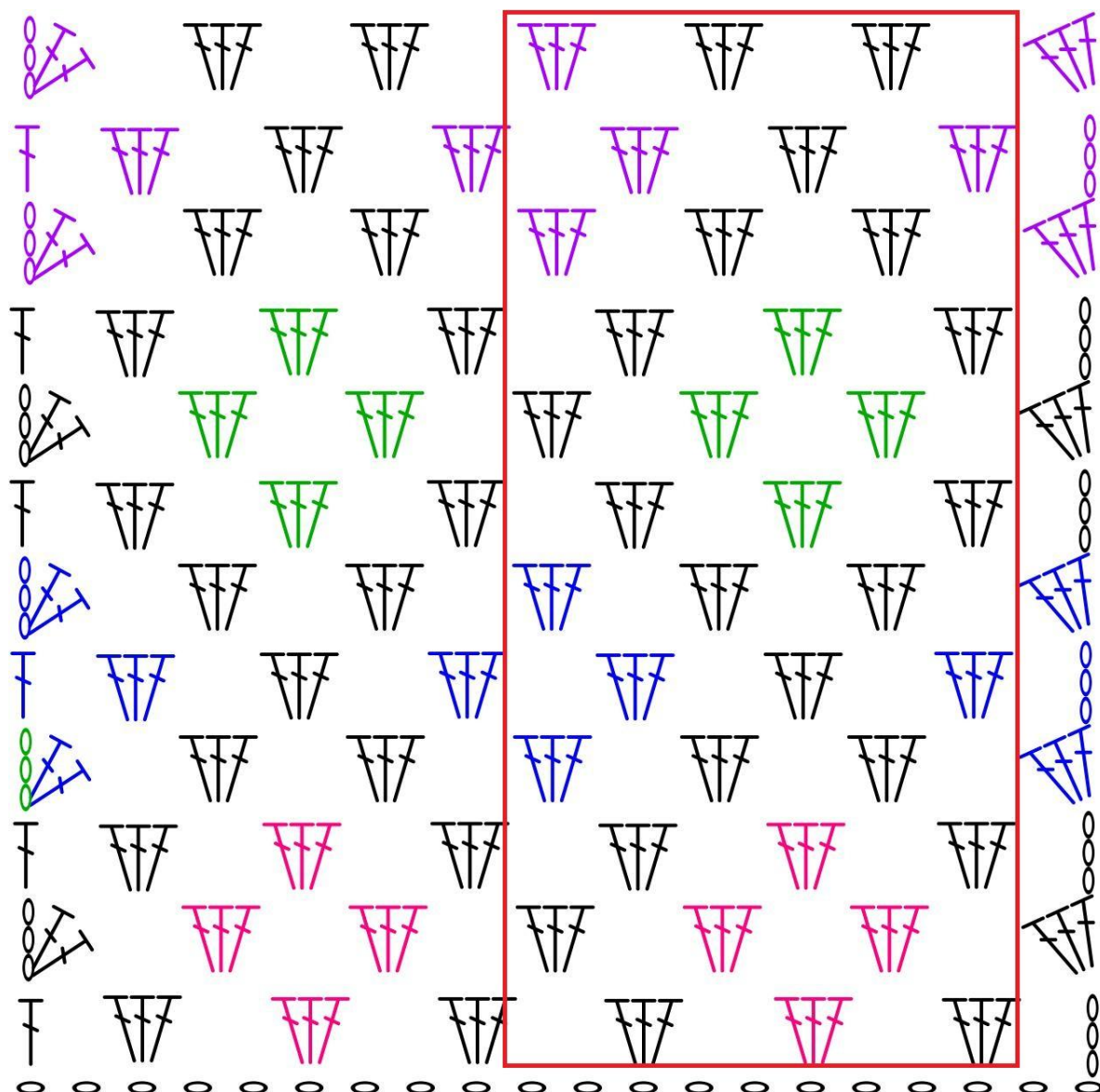
R8 (WS): Still with Color A, ch3 (first dc), 2dc in same first st – changing color in last st, * (3dc with Color B) twice – changing color in last st, 3dc with Color A – changing color in last st. Rep from * 18 more times. (3dc with Color B) twice – changing color in last st, let Color B rest here, 3dc with Color A in last st of side. Turn. [21 gr of 3dc with Color A/ 40 gr of 3dc with Color B]

R9 (RS): Still with Color A, ch3 (first dc), * 3dc with Color A – changing color in last st, 3dc with Color B – changing color in last st, 3dc with Color A. Rep from * 19 more times. Fasten off Color B and change to Color A, 1dc in the last st of the side. Turn. [2dc with Color A/ 40gr of 3dc with Color A/ 20gr of 3dc with Color B]

End of Stripe 3. Now, change your yarn B to a new color.

From this point on, repeat stripes 2 & 3 as long as you like to obtain the desired height. When you have obtained this height, you can end with a simple Row of sc's in Color A, picking up the last loops of the carried color at the back of the work. I have added no border as I felt this blanket was perfect the way it was.

Weave in all remaining ends when your blanket is finished. As the blanket has pretty solid stitchwork, blocking wouldn't be necessary and also delivers a result where you open up the stitchwork far too much, showing all gaps and loops that we want to stay covered. So, my advice is to use it right away when it is finished.



The red square in the chart indicates the pattern's repeat section.

Thanks to my tester: Rowan de Laat

Designed by: *the guy with the hook* – 2026

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*Feel free to sell finished items using this pattern. Also, please tag or reference me as the designer when sharing your WIPs or finished projects, and use the hashtag **#sanctuarystripes** on social media.*

Last but not least, thank you so much for making this pattern. A lot of time, effort, and creativity are wrapped in this little piece of art. Every creation made from this pattern makes all my efforts worthwhile.

Mark, a.k.a. the guy with the hook